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Interactive Workshop on Safe Sport

Lethbridge, Alberta: Over the past several months, the Lethbridge Sport Council has been hosting 'Sport For All: Breaking Barriers', a series of interactive and educational workshops focusing on creating welcoming, inclusive, accessible and safe sport experiences facilitated by individuals with lived experiences and topic experts. The final session of the series will be on Saturday, April 27th from 10am - 3 pm, and will be a Safe Sport Workshop, facilitated by Generation Safe Founder, Allison Forsyth OLY.

Allison Forsyth is one of three Abuse Free Sport accredited Safe Sport education providers in Canada. She is the leader in ground-breaking education and awareness in the Canadian Safe Sport landscape. Allison's 'real-talk' educational approach has resonated with over 50 sport organizations and 5,000 people nationwide. Recently named 'Top 25 Women of Influence in Canada in 2023', Allison's guiding principles have been instrumental in helping organizations turn their Safe Sport policies into practice.

The 2-time Olympian and 8-time national champion in alpine skiing, offers a unique and critical perspective, as a survivor of sexual abuse in the sport system. Recently haven taken a role with Canada Soccer as their Safe Sport Officer, Allison will serve to ensure a trauma-informed systemic implementation of Safe Sport practices and procedures from the national to grass roots level. Allison currently lives in Oakville, Ontario with her 3 active children – her inspiration for a future 'Generation Safe'.

Susan Eymann, executive director of Lethbridge Sport Council said, "Safe sport is being discussed in every community sport organization and so we are thrilled to have Allison join us in Lethbridge to speak about these important but difficult issues to help make community sport safe for all participants."

The workshop will include education on Safe Sport and what organizations can and should do concerning Safe Sport. This interactive workshop session will be most impactful if multiple people from an organization attend. As part of this workshop, Allison will facilitate, support, and consult with sport organizations as they begin or continue their organization's Safe Sport work during the session. Organizations and individuals can register to attend.

Information on the series and a link to register can be found on the Lethbridge Sport Council website: https://lethbridge**sport**council.ca/**programs**/sport-for-all

For further information, please contact:

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