



COVID-19 Check-In #2

Friday, January 22, 2021

17

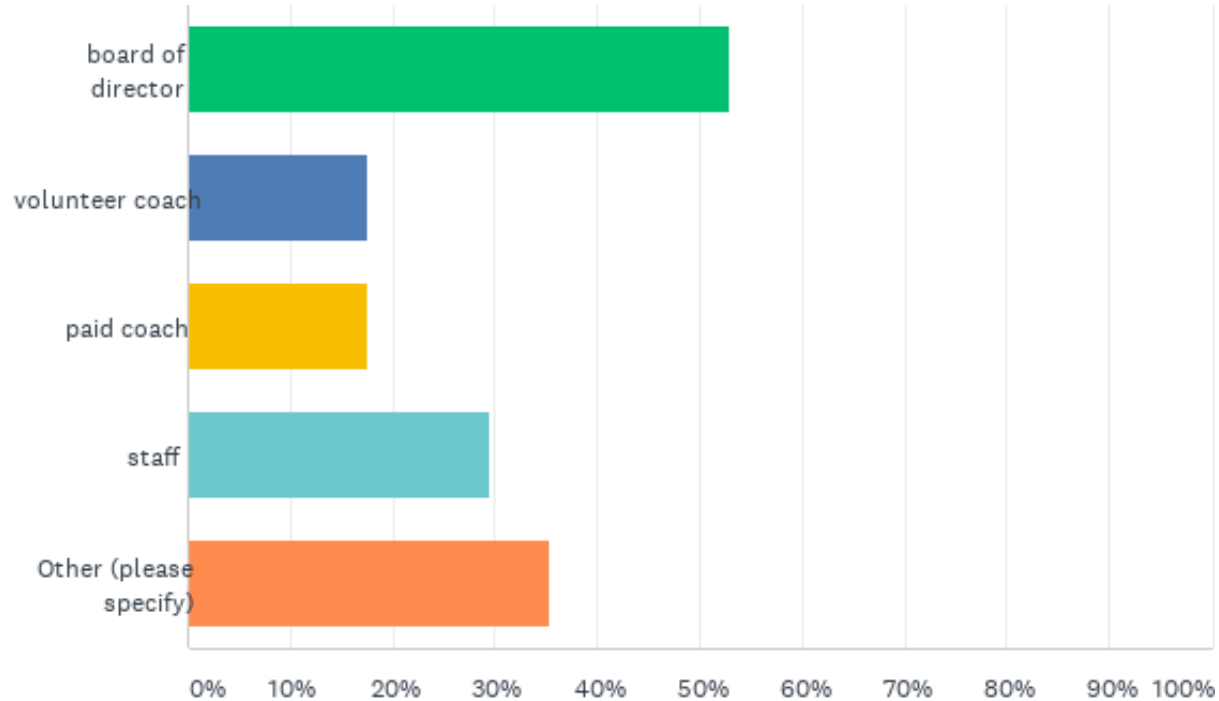
Total Responses

Date Created: Friday, January 22, 2021

Complete Responses: 17

Q1: What is your role within your sport organization? Check all that apply.

Answered: 17 Skipped: 0



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Answered: 17 Skipped: 0

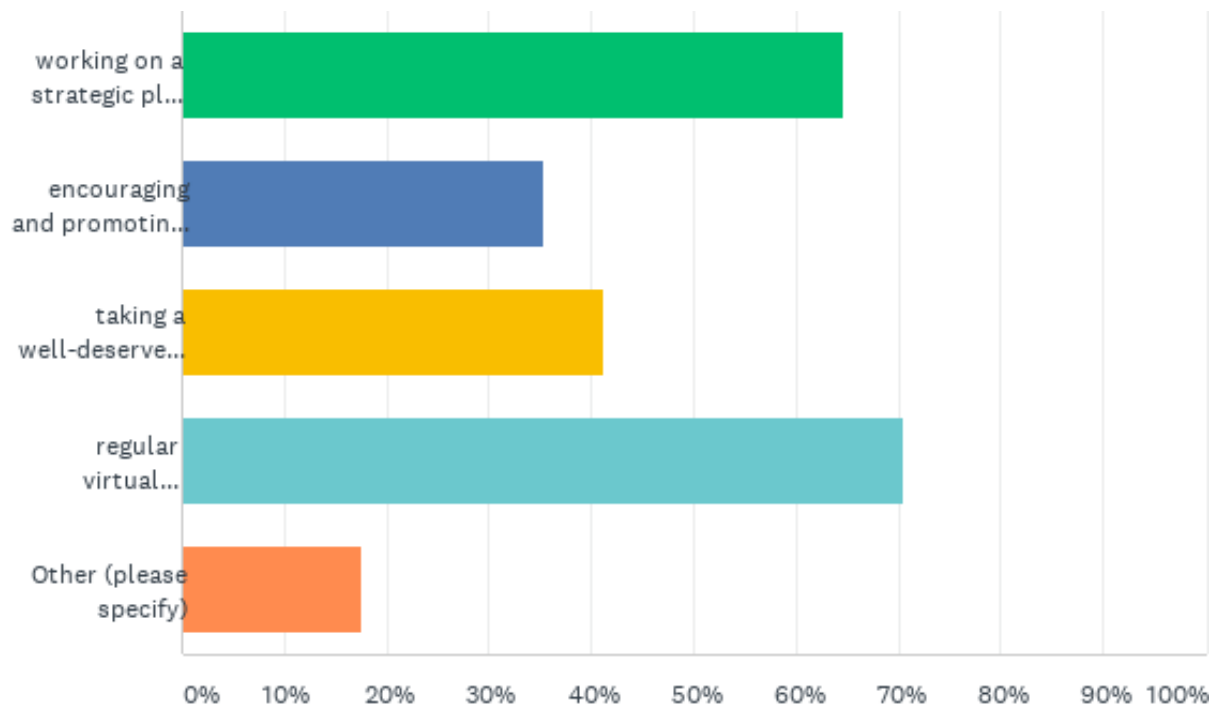
ANSWER CHOICES	RESPONSES	
board of director	52.94%	9
volunteer coach	17.65%	3
paid coach	17.65%	3
staff	29.41%	5
Other (please specify) owner (4), president (2)	35.29%	6
Total Respondents: 17		

Q2 What are you and or your sport organization doing to keep your athletes active and motivated?

Answered: 17 Skipped: 0

- Online zoom classes, at home skill training classes, outdoor skill training classes (during the summer) & cross training suggestions
- Nothing
- contacting them on updates and wellness checks. We are not able to do anything to keep them active.
- On line and on demand virtual challenges, Written workouts via social media
- Regular communication
- Sharing motivational videos
- We conducted a series of virtual runs in place of our usual clinics that we called ExploreYQL. We also have a yearly event that has always been virtual called the Runner's Soul Holiday Run Streak. The Run Streak is held each year in December and we were able to proceed with it as we always have.
- Provincial sport's Association provides weekly wellness tips and provides online instruction for activities to do while under current health restrictions. As a local organization, we simply re-promote what our governing body is doing
- We are now offering Virtual Off-Ice Training to our STARSkate participants
- Zoom classes mon-Thursday at 6pm
- We don't play in the winter
- n/a
- Communicating. 1 on 1 training
- Zoom calls but this only goes so far
- Nothing yet. Baseball so we are in the off-season
- Online Zoom classes.

Q3: What is your sport organization doing to keep your board of directors active and motivated? Check all that apply.



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Answered: 17 Skipped: 0

ANSWER CHOICES	RESPONSES	
working on a strategic plan, organizational goals, etc	64.71%	11
encouraging and promoting online and virtual training	35.29%	6
taking a well-deserved break	41.18%	7
regular virtual check-ins	70.59%	12
Other (please specify) - Taking time to improve our systems and operation processes - Holding our Annual General Meeting in January	17.65%	3
Total Respondents: 17		