

Recommended Sport E-Newsletters

What e-newsletters are we reading? We would like to share with you a list of e-newsletters that come to our inbox, to help your sport organizations, staff, and volunteers receive sport information and resources relevant to community sport. You can have access to sports news and information as it happens. Stay connected to sport virtually by signing up for e-newsletters to get your daily/weekly/monthly dose.

[Sport for Life \(monthly\)](#)

Author of the Long-Term Development in Sport and Physical Activity (formerly known as Long-Term Athlete Development or LTAD) Sport for Life brings you relevant, up-to-date information on quality sport and physical literacy initiatives and programs, including events, educational opportunities, resources and best practices.



[Active for Life \(weekly\)](#)

Parents are the gatekeepers of their kids' activities, and the enablers of life-long habits. Receive free tips and activities. Physical literacy is one simple solution to help kids become more active, healthy, and successful for life. Parents may need direction, education, and inspiration, but mostly they need practical solutions that can be found here.



[Sport Information Resource Centre - SIRC \(daily\)](#)

Canada's leader and most trusted partner in advancing sport and physical activity through knowledge. SIRC's newsletter features major announcements and results from around the sector, sport and physical activity-related knowledge, news and resources.



[Sport, Physical Activity and Recreation - SPAR](#)

A department of the Ministry of Culture, Multiculturalism and Status of Women, the SPAR e-newsletter highlights news relating to Alberta's sport, recreation and physical activity sectors.



[The Alberta Recreation and Parks Association ARPA \(Monthly\)](#)

Is a not-for-profit organization committed to building healthier and happier communities and citizens by developing and promoting recreation and parks. The REConnect newsletter provides up to date information about Alberta Recreation and Parks events, activities and initiatives.



[Inside the Games](#)

This inside track on world sports is a daily e-alert that gives you the very latest international sports news. Sent out on Friday, the weekly editor's choice is a round-up of news and photos from the week.



[Alberta Sports Hall of Fame](#)

The Alberta Sports Hall of Fame is an interactive, hands-on celebration of Alberta's sporting history with over 7,000 square feet of exhibit space. They offer Artifacts Newsletter (biannual), Halftime Report (biweekly), Event Updates (monthly), and Press Release options for newsletters.



[Indigenous Sport Council of Alberta \(monthly\)](#)

The ISCA provides and supports understanding and good will of Indigenous peoples' cultures. They aim to raise the standard of fitness and improve the participation in physical, recreational and amateur sport of the Indigenous people of North America by providing a basis of leadership and personal development for athletic and cultural participants. They share programming that enhances health, responsibility and personal growth.



[INclusion INcorporated \(monthly\)](#)

Bringing diversity and inclusion to life by raising the bar on diversity and inclusion, through training, action plans and tools that will allow organizations to implement sustainable inclusion strategies.



[Lethbridge Sport Council](#)

The Lethbridge Sport Council e-newsletter publishes 2 newsletters, one community sport update, and one specifically for sport leaders. Our newsletters include grants, professional development and training, sport events, awards and recognition, resources for sport organizations, coaches, athletes, parents, and administrators, information about volunteering opportunities, and more.



Do you know of a great sport newsletter that is missing from this list? We want to hear about it, please email us at info@lethbridgesportcouncil.ca